Everyday AI lesson

AI for health information: always check with a doctor

About 5 minutes to read | Full lesson:
https://everydayai.careercalling.com.au/lessons/health-information/

Many people ask chatbots about symptoms, medicines and test results. AI can help you understand words and prepare questions. It cannot examine you, it does not know your history, and it can be wrong. Your doctor, nurse or pharmacist must always have the final say.

Remember

- AI can explain medical words and help you prepare questions.
- It cannot examine you and does not know your history.
- Never use it to decide about medicines, doses or symptoms.
- In an emergency, call 000.
- Check health information on healthdirect, and with your doctor or pharmacist.

Try this

1. Think of a medical word you have heard but never quite understood.
2. Ask a chatbot to explain it in plain English.
3. Then look it up on healthdirect and see whether the two explanations agree.

Safety tip. AI can help you ask better questions. It cannot give you answers about your own health. Always check with a doctor, nurse or pharmacist.

Free help: Be Connected (beconnected.esafety.gov.au) for lessons on staying safe online. Scamwatch (scamwatch.gov.au) to check and report scams. If you have lost money, call your bank straight away.