Everyday AI lesson

Trying a chatbot safely

About 5 minutes to read | Full lesson:
https://everydayai.careercalling.com.au/lessons/trying-a-chatbot/

The easiest way to understand AI is to try it with something harmless. This lesson shows you how to start safely, at your own pace.

Remember

- Free chatbots are enough to learn with. You do not need to pay.
- Get them only from the maker's website or your phone's official app store.
- You do not need to give your real personal details to ask a question.
- Start with harmless questions where a wrong answer does not matter.
- Ask follow-up questions, like a conversation. Close it any time.

Try this

1. Open a chatbot from its official website or app store.
2. Ask it for three dinner ideas using what is in your fridge.
3. Ask one follow-up question to change the answer.
4. Close it when you are done. Nothing happens unless you type.

Safety tip. Before you type anything, imagine it written on a postcard. If you would not want a stranger to read it, do not type it. See the lesson on privacy.

Free help: Be Connected (beconnected.esafety.gov.au) for lessons on staying safe online. Scamwatch (scamwatch.gov.au) to check and report scams. If you have lost money, call your bank straight away.