Everyday AI lesson

Where to get help

About 3 minutes to read | Full lesson:
https://everydayai.careercalling.com.au/lessons/where-to-get-help/

Nobody learns technology alone. These free services are run by government or not-for-profit organisations, and they are there for you.

Remember

- Be Connected has free lessons for older Australians.
- Libraries and community centres often run free help sessions.
- Lost money: call your bank at once, then report to Scamwatch.
- Stolen identity details: contact IDCARE.
- Ask someone you trust to try new things with you.

Try this

1. Write down your bank's phone number from the back of your card, and keep it by the phone.
2. Visit Be Connected and find one free topic that interests you.
3. Ask at your local library whether they run technology help sessions.

Safety tip. Asking for help is a smart move, not a weakness. Scammers count on people feeling too embarrassed to check.

Free help: Be Connected (beconnected.esafety.gov.au) for lessons on staying safe online. Scamwatch (scamwatch.gov.au) to check and report scams. If you have lost money, call your bank straight away.